

ATRIUM PRESTIGE SPA MENU 2020

FACIAL TREATMENTS

Express Mediterranean facial 25min - 40€

This revitalizing facial includes a deep power cleanse, a mask of your choice that match your skin needs, lymph drainage techniques for rapid turnaround topped off with a relaxing scalp massage.

Cryotime Freeze 55min - 110€

This facial uses the age defying effects of cryotherapy with the Anne Semonin's 100%Active Serum to reinforce the skin's firmness at a cellular level. Complemented by a neurocosmetic containing Wild Indigo which stimulates the release of B-endorphins, flooding the body with a total sense of well-being.

Hyaluronic Smooth & Fill Facial 60min - 100€

Correct the signs of ageing with this smoothing and filling Thalgo facial. After a relaxing welcome massage, a cleansing ritual is carried out followed by an exfoliation to smooth the skin and allow optimum penetration of the active ingredients. An expert anti-ageing massage lifts the features and helps the skin absorb in all the Hyaluronic Acid, while a Hyaluronic mask is applied to smooth the skin and leave your complexion glowing.

Exquisite Miracle Eyes 45min - 75€

An exquisite treatment specifically designed for the delicate eye area which bring together a unique combination of eye contour masks and a specialized lymphatic massage, ideal for reducing the signs of ageing and melting away stress. Anne Semonin's cryotherapy ice cubes diminish puffiness and refresh the eyes. The application of the unique miracle eye cream completes the total experience.

FACE & BODY COLLECTION

Atrium Signature hydrating treatment 70min - 85€

This is the perfect treatment after long sun exposure. A relaxing body massage with a soft hydrating body cream nourishes the skin, relieves the muscles and unwinds the mind. To top this unique experience, the face is then treated with a mask that suits its special needs. You shall leave the spa feeling completely relaxed and renewed.

Glowing mother to be 85min - 110€

Nurture your body at this precious time with a specially designed therapy to treat muscle aches, reduce fluid and imbue total rejuvenation of the face and body. The pregnancy specific massage and tailored facial combine into one seamless pleasure melting away fatigue and revealing a radiant you.

BODY SOLUTIONS

Cryolipoliss slimming and firming treatment 55min - 90€

Anne Semonin fights cellulite with a 3-phase treatment cure inspired by cryotherapy, an ultra-cold treatment designed to shock the body into action by stimulating the blood circulation. A detox massage using active ingredients of brown and red algae is followed by a firming body mask application targeting problematic areas. Legs are feeling refreshed, skin tone is visibly improved and the skin contour looks firmer.

MASSAGE COLLECTION

Relax & Renew (soft pressure massage) 25min - 45€ / 50min - 65€

A relaxing soft massage that uses the techniques of the Swedish massage to release the body tension and restore the body and mind's well-being.

Pure Rejuvenation (medium pressure massage) 25min - 55€ / 50min - 75€

A medium pressure massage based on the philosophy of Swedish massage for those who enjoy a stronger approach. The muscles get relaxed, the body unblocks the mind unwinds.

Deep tissue massage (strong massage) 25min - 65€ / 50min - 90€

A massage therapy that focuses on realigning deeper layers of muscles and connective tissue. It is especially helpful for chronic aches and pains and contracted areas such as stiff neck and upper back, low back pain, leg muscle tightness and sore shoulders. The movements are slower and the pressure is deeper and concentrated on areas of tension and pain in order to reach the sub-layer of muscles.

Anti-cellulite massage 25min - 60€

Special targeted massage designed to increase blood circulation, eliminate toxins, stimulate the lymphatic system and reduce the appearance of cellulite. This massage alternatively squeezes and pinches the fat deposits and then kneads the muscles in the affected areas to roll the bulging fat away from the connective tissues. The skin surface feels smoother and toned.

Indian Head massage 40min - 60€

This relaxing massage begins with a rhythmic back massage to balance and re-align the energy flow to ease muscular aches and pains. It is then followed by a head and shoulders massage to awaken the energy points and de-stress the mind creating focus and clarity to establish a deep profound sense of relaxation.

Foot massage 25min - 40€

A rejuvenating massage for tired feet. A short but completely salutary ritual that relieves, relaxes and nurtures the feet using reflexology and drainage techniques.

WAXING

Full leg	30€
Half leg	20€
Full arm	20€
Half arm	10€
Under arm	10€
Classic bikini	15€
Over lip	10€

NAIL TREATMENTS

Classic nail polish change	15€
French nail polish change	20€
Classic manicure	35€
French manicure	45€
Classic pedicure	45€
French pedicure	55€
Gel polish by OPI (hands)	50€
Gel polish by OPI (feet)	65€
French Gel polish by OPI (hands)	55€
French Gel polish by OPI (feet)	65€